

# ADDED ADVENTURES!

## Racquet Sports

**TENNIS** — Two and a half hours of dedicated tennis instruction from our club pros. Ages 5–12.

**Monday, Wednesday & Friday**  
\$215/week

**PICKLEBALL** — Two, 1-hour small group sessions taught by our club's pros.  
Ages 5–12.

**Tuesday & Thursday**  
\$60/week



## LIFToff

Learn to lift weights safely. Two, 1-hour small group sessions taught by a certified personal trainer.

For campers ages 10–12.  
**Tuesday & Thursday**  
\$60/week

## Aqua Kids

Small group swim lessons featuring three 30-minute lessons per week.

Ages 5–Pre-Swim Team level.  
**Monday, Wednesday & Friday**  
\$75/week



Complete session dates online at [SportsAndWellness.com/camp](http://SportsAndWellness.com/camp)

Questions? Call 505.857.0123



**SPORTS &  
WELLNESS**



COMING THIS SUMMER!

# ADVENTURE ISLAND

# Blast! Summer Camp



Register now  
[SportsAndWellness.com/camp](http://SportsAndWellness.com/camp)

June 1–August 5

 **SPORTS &  
WELLNESS**

DEL NORTE | HIGHPOINT | MIDTOWN | RIVERPOINT

# ADVENTURE ISLAND



## A DAY AT CAMP

### ACTIVE BODIES

- :: Daily stretch and movement
- :: 2 hours of free swim and team sports including soccer, basketball, kickball, flag football, tennis, volleyball, cheer and more.

### ACTIVE IMAGINATIONS

- :: Creative arts & crafts that inspire ideas, exploration and summer-long discovery.

## SPECIAL ACTIVITIES

- :: Field Trips
- :: Guest Appearances by professional athletes
- :: Summer Cookout

## BLAST! CAMP OLYMPICS

- :: A friendly end-of-summer competition showcasing everything campers learned
- :: Team games and challenges that bring movement, skills and creativity together
- :: Art projects inspired by their island adventures presented to a panel of judges

## SUMMER CAMP INFORMATION

June 1 – August 5

8:30AM – 4:30PM

Ages 5 – 12

*Members and non-members welcome.*

**5 Day Campers**

\$250/week

**3 Day Campers**

\$195/week

**Extended Care**

7:30 – 8:30AM | \$50

4:30 – 5:30PM | \$50

Both sessions | \$75

\$85 non-refundable registration fee.

### FLEXIBLE SCHEDULING

Register for as many of our weeks as you'd like. We encourage early registration as our weeks fill quickly. You may schedule weekly payments or pay in full upon registration.

*Add even more to their summer fun!* 