

WOW!

Register today for a summer of wonder and adventure!

Blast! Racquet Sports

TENNIS — Two and a half hours of dedicated tennis instruction from our club pros. Ages 5–12.

Monday, Wednesday & Friday

\$215/week

PICKLEBALL — Two, 1-hour small group sessions taught by our club's pros.

Ages 5–12.

Tuesday & Thursday

\$60/week



LIFToff

Learn to lift weights safely. Two, 1-hour small group sessions taught by a certified personal trainer. For campers ages 10–12.

Tuesday & Thursday

\$60 for two sessions

Aqua Kids

Small group swim lessons can be added to enhance your **Blast!** camp experience!

Three 30-minute lessons per week.

Ages 5–Pre-Swim Team level.

Monday, Wednesday & Friday

\$75/week

Complete session dates online at SportsAndWellness.com/camp

Questions? Call 505.857.0123



**SPORTS &
WELLNESS**



Blast! Summer Camp

Register now for an “UNDER THE SEA” Adventure
at SportsAndWellness.com/camp

June 2 – August 1



**SPORTS &
WELLNESS**

DEL NORTE | HIGHPOINT | MIDTOWN | RIVERPOINT

Blast!

Under the Sea!

Beyond the ken of mortal men, beneath the wind and waves,
There lies a land of shells and sand, of chasms, crags and caves,
Where coral castles climb and soar, where swaying seaweeds grow,
And all around without a sound the ocean currents flow.

~ THE SIGN OF THE SEAHORSE BY GRAEME BASE ~



A Day at Camp

ACTIVE BODIES

We'll exercise your child's fitness with 30 minutes of stretching and movement, enjoy 2 hours of free swim time daily, play a variety of team sports including soccer, basketball, kickball, flag football, tennis, volleyball, cheerleading and more.

ACTIVE IMAGINATIONS

Add arts & crafts, where we'll encourage your ideas to rise and flow, and soak up a summer of active creativity and discovery.

Our Team

In our state licensed programs, every moment of every day is filled with laughter because we "get" kids. Our CPR certified counselors have gone through rigorous state required training, are background checked and chosen for their enthusiasm, leadership, athletic experience, and most importantly, their ability to connect with your child.

Blast! Camp utilizes activity to explore creativity and learning in a energetic, nurturing and fun environment. In 2025, we'll continue to enjoy our daily camp routine with the addition of exploring the deep blue sea. Curious "oceanauts" we'll be, learning fun and interesting aqua facts. Submerging into marine life, letting our minds drift till a counselor calls us back. We'll embark on a summer-long voyage, from sea turtles to sharks. And of course the gregarious sea lion, who is known for its bark.

Summer Camp

June 2 – August 1

8:30AM – 4:30PM

Ages 5 – 12

Members and non-members welcome.

5 Day Campers

\$250/week

3 Day Campers

\$195/week

Extended Care

7:30 – 8:30AM & 4:30 – 5:30PM | \$50

\$85 non-refundable registration fee.

FLEXIBLE SCHEDULING

Register for as many of our weeks as you'd like. We encourage early registration as our weeks fill quickly. You may schedule weekly payments or pay in full upon registration.

BLAST! Camp Olympics

Our journey ends when we bring it all together at our Camp Olympics, where the skills and training developed throughout our active summer surface to the top in friendly competition. Art projects representing Under the Sea will be presented to a panel of judges to complete our camp scores

Add even more to their summer fun! →