

Oh Wow!

Register today for a summer of wonder
and adventure at sportsandwellness.com/camp

Blast! Racquet Sports

TENNIS — Offered at Highpoint only. Two and a half hours of dedicated tennis instruction from our club pros. Ages 5–12.

Monday, Wednesday & Friday
\$215/week

PICKLEBALL — Offered at Highpoint and Midtown. Two, 1-hour small group sessions taught by our club's pros. Ages 5–12.

Tuesday & Thursday
\$60/week

ASK
ABOUT
SWIM
TEAM!

Aqua Kids

Small group swim lessons can be added to enhance your **Blast!** camp experience! Three 30-minute lessons per week. Ages 5–Pre-Swim Team level.

Monday, Wednesday & Friday
\$75/week

LIFToff

Learn to lift weights safely. Two, 1-hour small group sessions taught by a certified personal trainer. For campers ages 10–12.

Tuesday & Thursday
\$60/week

Complete session dates online at sportsandwellness.com/camp

Questions? Call 505.857.0123



Blast!

Summer Camp 2024

Register for a
Summer of Adventure at
sportsandwellness.com/camp

June 3–August 2



**SPORTS &
WELLNESS**

DEL NORTE | HIGHPOINT | MIDTOWN | RIVERPOINT

Blast!

into a World of Imagination!

Summer camp embraces the adventurous and curious spirit that exists within all of us. We'll each design our own Planet 9 (after learning about the eight planets in our Solar System); discovering a world of our own creation. What will your land look like? And your people? What foods will you eat? What is transportation like? These are just the first of many questions we'll explore as we forget what we know and instead challenge ourselves to imagine and wonder.

There is a meadow where flowers of purple and red dance in the breeze. Just beyond the meadow, a stony path leads to a waterfall that cascades over huge boulders and gathers in a pool of turquoise. The pool is cool; the rocks warm from our bright pink suns. This is my favorite place on my perfect planet...



A Day at Camp

Active Bodies

We'll exercise your child's fitness with 30 minutes of stretching and movement taught by nationally certified trainers, enjoy 2 hours of free swim time daily, play a variety of team sports including soccer, basketball, kickball, flag football, tennis, volleyball, cheerleading and more.

Active Imaginations

Add arts & crafts, where we'll focus on your unique Planet 9, and realize a summer of active creativity and discovery.



Our Team

Every moment of every day is filled with laughter because we "get" kids. Our CPR certified counselors are background-checked and chosen for their enthusiasm, leadership, athletic experience, and most importantly, their ability to connect with your child.

Summer Camp

June 3 – August 2

8:30AM – 4:30PM

Ages 5 – 12

Members and non-members welcome.

5 Day Campers

\$250/week

3 Day Campers

\$195/week

Extended Care

7:30 – 8:30AM & 4:30 – 5:30PM | \$50

\$85 non-refundable registration fee.

Flexible Scheduling

Register for as many of our nine weeks as you'd like. We encourage early registration as our weeks fill quickly. You may schedule weekly payments or pay in full upon registration.

BLAST! Camp Olympics

At summer's end, we bring it all together at our Camp Olympics, where the skills and training developed throughout our active summer play out in friendly competition.

Art projects representing Planet 9 will be presented to a panel of judges to complete our camp scores.

Add even more to their summer fun!

