# Oh Wow!

Register today for a summer of wonder and adventure at wellbridge.com/cac-blast

# **Blast! Racquet Sports**

 $\begin{tabular}{ll} \textbf{TENNIS}-\textbf{Two and a half hours of dedicated}\\ \textbf{tennis instruction from our club pros. Ages 5-12.} \end{tabular}$ 

Monday, Wednesday & Friday \$210/week

PICKLEBALL — Two, 1-hour small group sessions taught by our club's pros.

Ages 5–12.

**Tuesday & Thursday** \$60/week



## LIFTofi

Learn to lift weights safely. Two, 1-hour small group sessions taught by a certified personal trainer. For campers ages 10–12.

Tuesday & Thursday \$60/week

# **Aqua Kids**

Small group swim lessons can be added to enhance your **Blast** camp experience! Three 30-minute lessons per week.

Ages 5-Pre-Swim Team level.

Monday, Wednesday & Friday \$75/week

Complete session dates online at wellbridge.com/cac-blast Questions? Call 303.861.5646

Colorado Athletic Club







Summer camp embraces the adventurous and curious spirit that exists within all of us. We'll each design our own Planet 9 (after learning about the eight planets in our Solar System); discovering a world of our own creation. What will your land look like? And your people? What foods will you eat? What is transportation like? These are just the first of many questions we'll explore as we forget what we know and instead challenge ourselves to imagine and wonder.

There is a meadow where flowers of purple and red dance in the breeze. Just beyond the meadow, a stony path leads to a waterfall that cascades over huge boulders and gathers



in a pool of turquoise. The pool is cool; the rocks warm from our bright pink suns. This is my favorite place on my perfect planet...

# **A Day at Camp**

#### **Active Bodies**

We'll exercise your child's fitness with 30 minutes of stretching and movement, enjoy 2 hours of free swim time daily, play a variety of team sports including soccer, basketball, kickball, flag football, tennis, volleyball, cheerleading and more.

#### **Active Imaginations**

Add arts & crafts, where we'll focus on your unique Planet 9, and realize a summer of active creativity and discovery.



# **BLAST! Camp Olympics**

At summer's end, we bring it all together at our Camp Olympics, where the skills and training developed throughout our active summer play out in friendly competition.

Art projects representing Planet 9 will be presented to a panel of judges to complete our camp scores.

## **Our Team**

In our state licensed programs, every moment of every day is filled with laughter because we "get" kids. Our CPR certified counselors have gone through rigorous state required training, are background checked and chosen for their enthusiasm, leadership, athletic experience, and most importantly, their ability to connect with your child.

## **Summer Camp**

CAC Flatirons: May 28 – August 9
CAC Monaco: June 3 – August 2

9AM-4PM Ages 5-12

Members and non-members welcome.

5 Day Campers \$325/week

3 Day Campers \$225/week

Extended Care 8-9AM & 4-5PM | \$50

\$75 non-refundable registration fee.

## Flexible Scheduling

Register for as many of our weeks as you'd like. We encourage early registration as our weeks fill quickly. You may schedule weekly payments or pay in full upon registration.

