

JUNIOR TENNIS PROGRAM

ABOUT OUR PROGRAM

Colorado Athletic Club offers proven, successful development and competitive pathways your child needs to become a better player. Our coaches are certified, career tennis professionals who are passionate about the sport. They continue to participate in trainings in order to seek out new ways to provide a higher-level on court experience.

Once you select the level and days for your child, our coaches will place them on the appropriate court with players most similar to their level.

FALL SCHEDULE

SESSION 1: 5 WEEKS

AUGUST 18–SEPTEMBER 21

SESSION 2: 6 WEEKS

SEPTEMBER 22–NOVEMBER 2

SESSION 3: 6 WEEKS

NOVEMBER 3–DECEMBER 21

(No classes week of Thanksgiving)



FUTURE STARS [AGES 4-7]

MONDAY, WEDNESDAY AND FRIDAY | 4–5PM

SATURDAY | 9–10AM

- :: Enhance hand-eye coordination
- :: Engage in fun games to build a stronger foundation for improvement
- :: Build on core tennis skills

FUNDAMENTALS [AGES 7+]

MONDAY, WEDNESDAY AND FRIDAY | 5–6:30PM

SATURDAY | 10–11AM

- :: Learn and develop strong technique
- :: Improve consistency and rallying ability
- :: Prepare for match play and participate in point-play scenarios

HIGH SCHOOL BEGINNER & INTERMEDIATE [AGES 14+]

MONDAY | 5–6:30PM

SATURDAY | 11AM–12:30PM

- :: Designed to teach basic singles and doubles strategy for the potential High School player
- :: Learn and develop technique, tactic, and court positioning
- :: Emphasis on serving and scoring

COMPETITIVE EDGE [AGES 11–18 RECOMMENDED]

TUESDAY AND THURSDAY | 4:30–6:30PM

- :: Kids will be separated out based on age and level
- :: Tournament, UTR, and High School match preparation
- :: Situational point-play and fast paced drills
- :: Serving and cardio drills daily

ADVANCED COMPETITIVE EDGE [AGES 11–18 REC'D]

WEDNESDAY AND FRIDAY | 4:30–6:30PM

- :: Kids must be UTR 4.0 or above
- :: Designed for the more advanced player
- :: Tournament, UTR, and High School match preparation
- :: Situational point-play and fast paced drills

HOW TO REGISTER

Visit ColoradoAthleticClubs.com/jrtennis or contact our Junior Tennis Director at aferro@wellbridge.com

PROGRAM RULES

Payment is required at time of registration in order to reserve a spot. Make-up lessons are not guaranteed. However, we will work to try and accommodate you provided the missed lesson is rescheduled during the current enrollment period.

REFUND POLICY

Refunds will only be given if the participant has a medical documentation from a doctor.