

	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday																				
Lanes	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9	10	Lanes								
5:00 AM																																																			5:00 AM
5:30 AM																																																			5:30 AM
6:00 AM	Riptide Senior Gold 6AM-7:30AM		Master Swim Jane S. 6AM-7:15AM			Riptide Senior Elite 6AM-7:30AM					Master Swim Jane S. 6AM-7:15AM					Riptide Senior Gold 6AM-7:30AM					Riptide Senior Elite 5:45AM-7:30AM		Masters Swim Teri Cady 6-7:15A			Closed					Closed					6:00 AM															
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9:00 AM	Master Swim Jane S. 9AM-10:15AM					Master Technique Anna S. 9am-10:15am					Master Swim Jane S. 9AM-10:15AM					Master Technique Anna S. 9AM-10:15AM					Master Swim Jane S. 9AM-10:15AM					Master Swim Simon L. 7:30AM-9AM					Riptide Senior Gold 10AM-11:30AM					9:00 AM															
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12:00 PM	Master Swim Darren D. 11:45AM-1PM					Master Swim Simon L. 11:45AM-1PM					Master Swim Darren D. 11:45AM-1PM					Master Swim Darren D. 11:45AM-1PM					Private Swim Lessons					Private Swim Lessons					12:00 PM																				
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4:30 PM	Riptide Senior Gold Team 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Silver 4:30PM-5:45PM					Riptide Senior Gold 10AM-11:30AM					4:30 PM																				
5:00 PM																																																			5:00 PM
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6:00 PM	Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Senior Gold 5:45PM-7PM					Closed					Closed					6:00 PM															
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****Light blue indicates lanes available for lap swimming. **No Lifeguard on Duty = Please swim at your own risk. **Lap swimming etiquette = circle swimming and swimming within your same level of endurance. **Please see Club App for Riptide Swim Team Breaks.**