

Lanes	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday					Lanes																																			
	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9	10	5	6	7	8	9		10	5	6	7	8	9	10																												
5:00 AM																																																													5:00 AM										
5:30 AM																																																																							5:30 AM
6:00 AM	Riptide Senior Gold 6AM-7:30AM		Master Swim Jane S. 6AM-7:15AM								Riptide Senior Elite 6AM-7:30AM					Master Swim Jane S. 6AM-7:15AM					Riptide Senior Gold 6AM-7:30AM					Riptide Senior Elite 5:45AM-7:30AM		Masters Swim Teri Cady 6-7:15A			Closed										Closed										6:00 AM																				
6:30 AM	Riptide Senior Gold 6AM-7:30AM		Master Swim Jane S. 6AM-7:15AM								Riptide Senior Elite 6AM-7:30AM					Master Swim Jane S. 6AM-7:15AM					Riptide Senior Gold 6AM-7:30AM					Riptide Senior Elite 5:45AM-7:30AM		Masters Swim Teri Cady 6-7:15A			Closed										Closed										6:30 AM																				
7:00 AM	Riptide Senior Gold 6AM-7:30AM		Master Swim Jane S. 6AM-7:15AM								Riptide Senior Elite 6AM-7:30AM					Master Swim Jane S. 6AM-7:15AM					Riptide Senior Gold 6AM-7:30AM					Riptide Senior Elite 5:45AM-7:30AM		Masters Swim Teri Cady 6-7:15A																							7:00 AM																				
7:30 AM											Master Swim Collette S. 7:30AM-8:30AM										Master Swim Collette S. 7:30AM-8:30AM										Master Swim Simon L. 7:30AM-9AM															7:30 AM																									
8:00 AM											Master Swim Collette S. 7:30AM-8:30AM										Master Swim Collette S. 7:30AM-8:30AM										Master Swim Simon L. 7:30AM-9AM															8:00 AM																									
8:30 AM											Master Swim Collette S. 7:30AM-8:30AM										Master Swim Collette S. 7:30AM-8:30AM										Master Swim Simon L. 7:30AM-9AM															8:30 AM																									
9:00 AM	Master Swim Jane S. 9AM-10:15AM										Master Technique Anna S. 9am-10:15am					Master Swim Jane S. 9AM-10:15AM					Master Technique Anna S. 9AM-10:15AM					Master Swim Jane S. 9AM-10:15AM										Riptide Senior Gold 10AM-11:30AM															9:00 AM																				
9:30 AM	Master Swim Jane S. 9AM-10:15AM										Master Technique Anna S. 9am-10:15am					Master Swim Jane S. 9AM-10:15AM					Master Technique Anna S. 9AM-10:15AM					Master Swim Jane S. 9AM-10:15AM										Riptide Senior Gold 10AM-11:30AM															9:30 AM																				
10:00 AM																															Riptide Senior Gold 10AM-11:30AM															10:00 AM																									
10:30 AM																															Riptide Senior Gold 10AM-11:30AM															10:30 AM																									
11:00 AM																															Riptide Senior Gold 10AM-11:30AM															11:00 AM																									
11:30 AM																															Riptide Senior Gold 10AM-11:30AM															11:30 AM																									
12:00 PM	Master Swim Darren D. 11:45AM-1PM															Master Swim Simon L. 11:45AM-1PM										Master Swim Darren D. 11:45AM-1PM										Private Swim Lessons															12:00 PM																				
12:30 PM	Master Swim Darren D. 11:45AM-1PM															Master Swim Simon L. 11:45AM-1PM										Master Swim Darren D. 11:45AM-1PM										Private Swim Lessons															12:30 PM																				
1:00 PM																															Private Swim Lessons															1:00 PM																									
1:30 PM																															Private Swim Lessons															1:30 PM																									
2:00 PM																															Private Swim Lessons															2:00 PM																									
2:30 PM																															Private Swim Lessons															2:30 PM																									
3:00 PM																															Private Swim Lessons															3:00 PM																									
3:30 PM																															Private Swim Lessons															3:30 PM																									
4:00 PM																															Private Swim Lessons															4:00 PM																									
4:30 PM	Riptide Senior Gold Team 4:30PM-6PM										Riptide Senior Elite 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Silver 4:30PM-5:45PM															4:30 PM																														
5:00 PM	Riptide Senior Gold Team 4:30PM-6PM										Riptide Senior Elite 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Silver 4:30PM-5:45PM															5:00 PM																														
5:30 PM	Riptide Senior Gold Team 4:30PM-6PM										Riptide Senior Elite 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Senior Elite 4:30PM-6PM					Riptide Silver 4:30PM-5:45PM															5:30 PM																														
6:00 PM	Riptide Silver 6PM-7:30PM										Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Senior Gold 5:45PM-7PM															6:00 PM																														
6:30 PM	Riptide Silver 6PM-7:30PM										Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Senior Gold 5:45PM-7PM															6:30 PM																														
7:00 PM	Riptide Silver 6PM-7:30PM										Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Silver 6PM-7:30PM					Riptide Senior Gold 5:45PM-7PM															7:00 PM																														
7:30 PM																															Closed										Closed										7:30 PM																				
8:00 PM																															Closed										Closed										8:00 PM																				
8:30 PM																															Closed										Closed										8:30 PM																				

****Light blue indicates lanes available for lap swimming. **No Lifeguard on Duty = Please swim at your own risk. **Lap swimming etiquette = circle swimming and swimming within your same level of endurance. **Please see Club App for Riptide Swim Team Breaks.**