

Flatirons Indoor Pool Schedule March 2025

Lanes	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Lanes																				
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4																					
5:00 AM																					Closed				Closed				5:00 AM																				
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10:00 AM									Private Lessons				H2O Fitness 10AM-11AM				PL				Private Lessons				H2O Fitness 10AM-11AM																10:00 AM								
10:30 AM									Private Lessons				H2O Fitness 10AM-11AM				PL				Private Lessons				H2O Fitness 10AM-11AM																10:30 AM								
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4:00 PM	Private Lessons								Stroke Development 3:45PM-5:15PM				Private Lessons				Private Lessons				Stroke Development 3:45PM-5:15PM				Private Lessons				Private Lessons				Riptide Copper 3PM-4PM								4:00 PM								
4:30 PM	Private Lessons								Stroke Development 3:45PM-5:15PM				Private Lessons				Private Lessons				Stroke Development 3:45PM-5:15PM				Private Lessons				Private Lessons				Riptide Copper 3PM-4PM								4:30 PM								
5:00 PM	Riptide Copper 5PM-6PM								Private Lessons				Private Lessons				Riptide Copper 5PM-6PM				Private Lessons				Private Lessons				Riptide Copper 3PM-4PM				PL								5:00 PM								
5:30 PM	Riptide Copper 5PM-6PM								Private Lessons				Private Lessons				Riptide Copper 5PM-6PM				Private Lessons				Private Lessons				Riptide Copper 3PM-4PM				PL								5:30 PM								
6:00 PM	Riptide Bronze 6PM-7:15PM								Private Lessons				Private Lessons				Riptide Bronze 6PM-7:15PM				Private Lessons				Private Lessons				Riptide Bronze 5:30PM-6:45PM												6:00 PM								
6:30 PM	Riptide Bronze 6PM-7:15PM								Private Lessons				Private Lessons				Riptide Bronze 6PM-7:15PM				Private Lessons				Private Lessons				Riptide Bronze 5:30PM-6:45PM												6:30 PM								
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**** Light blue indicates lanes available for lap swimming. **No Lifeguard on Duty = Please swim at your own risk.**

**** Lap swimming**

etiquette = circle swimming and swimming within your same level of endurance. ** View Club App for Riptide Swim Team Breaks