



# MASSAGE THERAPY PRICING

## MASSAGE THERAPY

Colorado Athletic Club – DTC takes pride in our licensed and experienced therapists. Although massage feels like a pampering treat, we recognize its benefit as a necessary piece of your health and wellness plan. Through our wide variety of treatment options, our therapists seek to help you in reaching your goals.

### THERAPEUTIC SWEDISH

Returns the body to a balanced state with light to moderate pressure by improving circulation and enhancing overall well-being.

### SPORTS MASSAGE THERAPY

A deep tissue massage, customized to enhance your dexterity, strength and range of motion for a variety of fitness activities. Energizing and invigorating, this massage increases the muscle rate of recovery and encourages greater athletic performance.

### DEEP TISSUE

Penetrates to the deepest layers of the muscle and connective tissue to increase flexibility, release tension/stress, and to promote healing of chronic pain to injury sites.

### CANCELLATION POLICY

Cancellations must be made 24 hours in advance. Cancellations not made within the 24 hour period will be charged a fee.

#### 25-Minute Massage Single Session

Member \$45 | Non-member \$50  
3-Pack | \$110

#### 55-Minute Massage Single Session

Member \$75 | Non-member \$80  
3-Pack | \$205

#### 85-Minute Massage Single Session

Member \$105 | Non-member \$110  
3-Pack | \$295

#### Chair Massage

\$1/minute  
15 minute maximum

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